

The Eucharist and *Sanctity*

Points to emphasise

- Communion, another name for the Eucharist, literally means 'being united as one' – we are united more closely with Jesus through reception of Holy Communion.
- We are all called to be saints; we are all baptised into Christ's death and resurrection and, like St Mary of the Cross, we are daily called to recognise that we are the Body of Christ – Jesus' hands and feet here on earth.
- We should live what we believe; we are called to make our lives a gift for others. The theme of Eucharist28 is 'This is My Body, Given for You' – they are the words of Christ, and we are summoned to live in imitation of him.
- We are not the saviours of the world: Jesus has already done that. But we are called to live a life in imitation of him, and the cloud of witnesses that are the saints who have gone before us.
- Reference to the catechism: CCC 1384, 1324

Questions for class discussion/reflection

- 1 Who is St Mary of the Cross Mackillop?
- 2 What are two quotes from St Mary of the Cross?
- 3 What is the theme of Eucharist28? What does it mean?
- 4 What does it mean to be a saint?